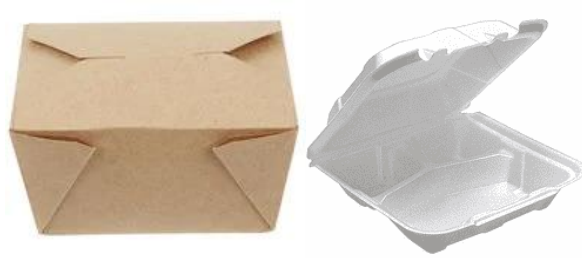


Harbor House Hot Meal Donation

Preparation:

1. Sign Up for a Slot On [Sign-Up Genius](#):
 - a. Each Slot that you sign up for means that you are committed to bringing 50 hot meals on the day you have selected.
2. Plan Your Meals:
 - a. Meals should include an entree, 1-2 sides, and enough waters or juices for the amount of meals provided.
 - b. Dessert is not required, but it is appreciated!
 - c. Some Entree Examples:
 - i. Pasta Dishes (like lasagna, penne, spaghetti...etc), Chicken, Ham, Burritos or Burrito “Bowls”...
 - d. Some Examples of Sides:
 - i. Salad, Vegetables, Dinner Rolls, Mashed Potatoes
3. Prepare Your Meals:
 - a. Prepare the 50 meals in whatever way is easiest for you.
 - i. You can divide the cooking between different members of your group, or you can even order your meals from a restaurant.
 - ii. 50 dinners sounds like a lot, but if you find help from others, it will be much easier!
4. Package Your Meals:
 - a. We ask that all meals dropped off come prepared and in packaged “to-go” containers with silverware.
 - i. It is best to keep the entire meal in one container because it is easier for clients to carry.
 - ii. Many different to-go containers are available for purchase at Smart and Final. Here are two examples:



5. Drop-Off Your Meals:

- a. All hot meals may be dropped off at the Harbor House Meals Program on the day you have signed up for.
- b. The drop-off time for hot meals is between 4:00pm-4:30pm

Please call Sheri Groenveld at Harbor House if you have any questions.

805-464-3533, ext. 101.